



BACE Childbirth Educator Training Program Requirements

Reading Requirements to be completed by all trainees by the end of course sessions (May 23, 2017)

- Required Text: [*Pregnancy, Childbirth and the Newborn*](#), by Penny Simkin, et al.
- Choose two of the following books on childbirth history and philosophy:
 - [*Ina May's Guide to Childbirth*](#) by Ina May Gaskin
 - [*Pushed: The Painful Truth About Childbirth and Modern Maternity Care*](#) by Jennifer Block
 - [*Birth: the Surprising History of How We Are Born*](#) by Tina Cassidy
 - [*The Thinking Woman's Guide to a Better Birth*](#), by Henci Goer & Rhonda Wheeler
 - [*Optimal Care in Childbirth: the Case for a Physiological Approach*](#) by Henci Goer and Amy Romano
 - [*Gentle Birth Gentle Mothering*](#) by Sarah Buckley
- And one of the following books on Breastfeeding
 - [*Nursing Mother's Companion*](#) by Kathleen Huggins
 - [*Breastfeeding Made Simple*](#), by N. Mohrbacher & K. Kendall-Tackett
 - [*Jack Newman's Guide to Breastfeeding*](#) By J. Newman & T. Pitman

Become fluent with the following **websites**, which will be referred to regularly and utilized along with the texts:

- Lamaze: both [professional](#) and [parent](#) sites. Pay particular attention to [Healthy Birth Practices](#) and all [infographics](#)
- [Childbirth Connection](#) (all sections)
- [March of Dimes](#) (browse through all sections)
- [Spinning Babies](#)
- [Evidence-Based Birth](#) (all blog topics)

All reading and website research will be need to be attested to using the Attestation Form provided at the end of sessions.

Other requirements to be completed by the end of course sessions (May 23, 2017):

- Childbirth Education observation
 - Observe a 12-hour prepared or natural childbirth education class that includes medications, interventions, cesarean birth, and comfort measures, etc. taught by a currently certified BACE instructor, OR
 - Attend the BACE Childbirth Education Workshop for Perinatal Health Workers (scheduled for March 12)
- Satisfactory completion of two teach-back presentations, more details in preparing these will be provided during sessions
- Participation in all course sessions, see dates below